

Connection and Empowerment with horses experience at Peaceful Acres

Phone/fax [518-887-3178](tel:518-887-3178) 3740 Rynex Corners Rd. Pattersonville, NY 12137

Wednesday Sessions 5:30-7:00 May - October

This is a non-riding program open to women who are interested in intuitive connection with horses and through the horse learning about your hearts intention and finding the balance needed to live more mindfully and in peace and rhythm. Equine Guided Experiential Learning activities will be incorporated into sessions to help the participant let go and release things that are unpleasant or binding and embrace the lightness and joy that life and nature have to offer.

Don't be surprised if the music comes on and you begin to dance with your horse ~ finding joy and freedom to be youthful and stress-free!

At times we will be in the pasture with the horses as part of their herd ~ family, a place where we find stillness in our minds and joy in our hearts.

The horses are our guides - you will be offered time with them to reflect and journal - so please bring water or tea and a journal to write in.

If possible we will be out doors enjoying nature and the horses, please bring a jacket or warm sweater and wear boots or comfortable shoes.

If you are interested in our **Connection and Empowerment with horses experience**, please email this form to Nanci@peacefulacreshorses.com

Or Nanci can be reached at 368-8136.

Cost is \$40.00 pp/per session/class (4 classes \$ 160.00) – payment in full due at time of first session

Connection and Empowerment with horses experience is limited to 8 women per session

Name: _____

Email: _____

Phone: _____

Address: _____

Dates: May: 11, 18, 25, June 1 / June: 8, 15, 22, 29 / July 6, 13, 20, 27 / Aug 10, 17, 24, 31 / Sept 7, 14, 21, 28

Have you ever worked around horses before? _____yes / _____no

Do you also have an interest in riding? _____yes / _____no

Peace ~ Nanci Beyerl, MSW

Founder & Director

www.peacefulacreshorses.com